



Elbow Tree Christian Counseling

## *Clinical Service Treatment Consent*

*This form is available online at [www.elbowtreeflorida.com/aubrey-cannata.html](http://www.elbowtreeflorida.com/aubrey-cannata.html)*

I am honored that you have decided to work with me as your counselor, and I've very excited about beginning this journey with you! Elbow Tree was first established in Chattanooga, TN in 2006. In July of 2017, Elbow Tree launched a new initiative right here in St. Augustine, Florida. While the two practices share a name and familiar branding, they are two distinct counseling practices that are independently owned and operated. \_\_\_\_\_ (initial)

### **NATURE OF COUNSELING**

My roll in counseling is to help you identify your wounds, dysfunctional thinking, or unhealthy behavioral/relational patterns that leave you feeling "stuck." I will walk beside you in the healing process! Unfortunately there are no "quick fixes" in counseling, but rather some hard work in the form of sessions, homework assignments, writing or reading, learning and implementing new tools and techniques, and the like. As a Christian counseling practice we are committed to help your spiritual life develop and enable you to understand Biblical truth and apply it to your life if you identify as a Christian. If you do not identify as a Christian, you are equally welcome at Elbow Tree and can feel safe that we will never put any pressure on you to be/act/think religiously. Spirituality is a part of your counseling experience at your direction. \_\_\_\_\_ (initial)

### **CONFIDENTIALITY**

We respect the information you chose to share with us and how difficult it can sometimes be to open up. Our conversations and our written/taped records will be kept confidential and are protected by law, with a few exceptions, which are for your own protections: (1) when we believe that you intend to harm yourself or another person; (2) when we believe a child or elderly person has been – or will be – abused or neglected; and 3) when there is domestic violence in the home. In rare circumstances, Professional Counselors can be ordered by a judge to release information. Otherwise we will not tell anyone else about your treatment, diagnosis, history, or even that you are a client without your full knowledge and a signed Release of Information Form. A copy of the HIPAA (Health Insurance Portability and Accountability Act) Patient Notification of Privacy Rights will be made available to you, and is available online at [www.elbowtreeflorida.com/aubrey-cannata.html](http://www.elbowtreeflorida.com/aubrey-cannata.html). Signing at the end of this document will indicate that you have had an opportunity to review and understand this HIPAA document. \_\_\_\_\_ (initial)

### **COMPLAINT PROCEDURES**

If you are dissatisfied with any aspect of our work, please inform the practice owner, Hayne Steen, immediately at 904-559-1944. (His number is on our website for future reference.) If a problem arises requiring a legal remedy to solve, the client agrees to attempt to solve the problem with the owner directly, or through independent mediation and not pursue formal litigation. Complaints should also be registered with the Florida Board of Health at 850-245-4339. \_\_\_\_\_ (initial)

We are committed to staying on the leading edge with regard to protecting your confidentiality and Private Health Information (PHI). You may text me using my cell phone number: (904) 469-0060 Email: Email on my end is HIPAA compliant, using G Suites (gmail for businesses). My address is [Aubrey@ElbowTreeFlorida.com](mailto:Aubrey@ElbowTreeFlorida.com) Video Conferencing: I use

