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ARE YOU CONSIDERING A GRADUATE INTERNSHIP AT ELBOW TREE?

Thank you for taking the time to consider participating in a Graduate Internship at Elbow Tree. Over the last four years, Elbow Tree has provided supervision for 13 interns moving through their graduate or post-graduate registered internship experience. Our owner, Hayne Steen, is a Licensed Mental Health Counselor (MH16012) and an Approved Supervisor for both MFT and MHC students and registered interns. Additionally, there are six licensed therapists and nine pre-licensed therapists at Elbow Tree who enjoy serving as a sounding board for our interns as their journey toward graduation and licensure begins.

Is Elbow Tree accepting applications for 2022-2023 graduate interns?

We are exploring internship opportunities for 2022-2023. If you are interested, email our owner, Hayne Steen, at hayne@elbowtreeflorida.com. We are limiting internship to one intern per school year.

What does Elbow Tree offer prospective interns?

- The opportunity to serve an eclectic client load of low fee clients that are each vetted and approved by your Elbow Tree supervisor.
- Weekly supervision - structured and as needed "on the fly" with your approved supervisor as well as exposure to 15 licensed and pre-licensed clinicians in our practice.
- Opportunities to observe Elbow Tree clinicians in individual and couples counseling.
- Exposure to a community of competent Christian counselors who also serve as supportive colleagues and mentors along the way.
- Grass roots training in marketing, branding, digital HIPAA compliance strategies, and potentially the opportunity to pivot into private practice under the Elbow Tree umbrella beyond graduation, should an invitation be extended.

Additional thoughts from an active (c/o 2021-2022) Elbow Tree intern:

- What's really unique is that you're getting supervision in a spirit that will allow you to validate your own gifts in the counseling space. So part of competency has to do with knowing how to approach treatment accurately but part of it has to do with knowing what to trust in yourself. And I think you supervise from that position which is entirely invaluable.
- On a practical level that translates to learning into the ways you apply different treatment modalities - for me that's been narrative therapy and cognitive behavioral therapy - that is both learned and intuitive. Like I have a creative writing background and I've brought that into session in a way that's allowed me to discover what theories I naturally work within.
- Being able to be in community with clinicians who are living and working as counselors in the community. You get to see, "okay what's after this? What does life look like as a private practice clinician?" So there's a kind of distant mentorship that allows you to cast a vision for your own life.
- Learning how to manage a client chart. In community mental health I have a better

understanding of what a chart is because I'm also in private practice. So it's not this checklist of things I have to do. I have to understand what are the components and why are they there.

- The freedom to think of your identity as a clinician from a client centered perspective. Writing my bio for the site at Elbow Tree was so helpful for me because it translated how I've been encouraged to think of my counseling identity from a theoretical perspective in a way that would meaningfully relate to a client seeking support from an aligned clinician. And that got me thinking about who an aligned client would be. "What do they struggle with and what do they seek?"

Will a graduate intern be able to get 100% of their internship hours at Elbow Tree?

We encourage you to consider augmenting your graduate internship experience at Elbow Tree with a second supplemental internship site. Every intern who we have supervised over the last four years has paired their experience with another agency (i.e. Children's Home Society, Saint Augustine Youth Services, or EPIC). Elbow Tree graduate interns have, on average, historically served 8-12 clients weekly. Notably, every intern has completed all of their required graduate internship hours on time and have each graduated on time without issue. Additionally, all of our former Elbow Tree interns are working in the counseling field for local agencies or in private practice.

Scheduling your first few clients at Elbow Tree always begins slowly. That can produce anxiety so sitting in on sessions to observe any of the Elbow Tree clinicians is a great opportunity to experience the nuts and bolts of a 50 minute therapy session. It is also a terrific opportunity to witness different styles and modalities of therapy.

What does a Graduate Intern need to know prior to beginning at Elbow Tree?

- Interns are responsible for purchasing their own professional liability insurance policy in compliance with their graduate school's policy requirements. Interns will need to obtain liability insurance in the amount of a minimum of \$1 million / \$3 million that will cover the duration of the internship experience. No clients may ever be seen without liability insurance in place for 100% of the graduate internship.
- Graduate Interns may only serve counseling clients when a licensed clinician is physically present on either campus in Saint Augustine or Jacksonville Beach.
- Interns are encouraged to network in the community and explore creative avenues for raising awareness of their low fee services in the community.
- Interns will be provided an Elbow Tree email (yourfirstname@elbowtreeflorida.com), provided an Elbow Tree website profile page, access to HIPAA compliant client management software through the SimplePractice platform, access to SimplePractice Telehealth platform, access to the OhMD app for SMS style community with our Elbow Tree team and Elbow Tree clients.
- Supervisors are the legal and liable owners of the Graduate Intern's client record. All client records will be maintained using SimplePractice and will be accessible by the Supervisor at all times.
- Graduate Intern access to the client record will conclude on the final day of internship.
- Weekly supervision is provided in person in the Elbow Tree offices in Saint Augustine or Jacksonville Beach with exception to COVID exposures.
- Supervisor will fulfill graduate institution's expectations for intern evaluation and approving completed internship hours.
- It typically takes 30-45 days to confer your graduate degree AND an additional 30+ days for the state to process your Registered Intern status upon graduation and application.